



DOLPHIN WHALE CAT NEWS

November & December 2009

Welcome to the second issue of DWCN. We have a new look - we hope you like it! It should be clearer looking and easier to read. We have lots of exciting classes and events listed in the Calendar section as well as many points of inspiration and information for you. If you have questions that would be of general interest to our readers, regarding issues with your own animal companions, challenges in your own life, or metaphysical puzzlements, please send them to us. Our wise "Missy Puddah" would love to answer them for you! Many Blessings to you! Deborah Clark, Editor



REYON'S MESSAGE

Reyon (Laurie J. Anderson) is an Animal Communicator and spiritual teacher. She studied Veterinary Medicine in college where she received her AHT and Radiology degree. After the Northridge earthquake in 1994 she suffered an accident with complications and ultimately experienced a radiant Near-Death Experience during which she actually died for six minutes. She subsequently lived in Baja Mexico where she began interacting with the local dolphins and whales, being taught their wisdom and writing their stories and prayers. Laurie Reyon has been named "Standing Whale Mother" by the Native Americans and is now strongly guided to bring the wisdom and healing energies of the whales and the dolphins to the people, guided by Spirit and the energy of Puddah, the Master Cat she works with. Currently, Reyon and Puddah work as a team, offering classes, life-path & akashic record consultations, animal communication, self-discovery, life coaching, and healing with the dolphins and whales workshops and clearing sessions. They also facilitate boat trips which provide opportunities for viewing and communicating with the dolphins and many times whales also.



Puddah and I are so excited to to have this Newsletter to share with each of you. We have dreamed of having this mode of communication for some time but it only manifested this year with the help of our beloved soul sister Deborah Clark. "All in Divine Time!" It gives us the ability to share with you the beautiful messages from Puddah and the sacred messages from our Whale & Dolphin friends as well. Years ago when I was challenged with healing and having my spiritual awakening, I was talking with Puddy (previous incarnation of Puddah) and I said to him, "what makes love real here on Earth?" In my healing challenges at that time I just did not feel true Love from people. I only felt it from animals and specifically from Puddy. Puddy said very clearly to me just one word and it was "SHARING". We came to Earth to share Love and that is what this Newsletter is all about. Enjoy the sharing!

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REYON'S MESSAGE (Con't.)

Puddah and I and our beloved soul sister Joanne traveled to the red rocks of Sedona in October to study with Drunvalo Melchizedek and participate in his Earth/Sky - Living in the Heart workshop and retreat. It was one of the most awesome and life changing experiences I have ever had. Drunvalo wrote the books *The Ancient Secret of the Flower of Life and Living Within in the Heart*. In the retreat we did meditations and exercises to connect more deeply with God/Goddess and develop a more intimate and personal relationship with the Divine. We will be sharing some of those with you in our Wednesday night classes held in Oceanside, CA and in upcoming issues of this newsletter. We worked on an experiential level to clarify and expand knowledge of the Merkaba, the human energy field. Also to enter the sacred space of the heart and create from the heart instead of the mind. From this very sacred space our creations unfold and manifest without polarity, where as if we create from the brain there is always an equal and opposite manifestation somewhere on the planet. This information really resonated in my Soul and I am exploring it more each day. We encourage each of you to do the same. Entering into the heart and staying connected to Love and the Oneness is where we all want to be. We did exercises to activate the pineal gland which is the third eye and to better understand its function in our bodies. The whales have recently communicated to me very similar information about how to achieve "Christ Consciousness" which is the state of awareness that Jesus had while he was incarnated on the Earth. It involves activating the pineal gland which then can activate the two sets of four beams of light around our heads. Eight beams of light will emanate outward and form a crown or halo of energy and light around your head. We then begin to massage the roof of the mouth with our tongues and alpha waves begin to fire and green light appears in your auric fields. So when one is in the sacred space of the heart and performs these exercises from a meditative state, instant manifestation or alchemy can occur. Whatever you dream from your heart space then becomes your reality! This is very exciting and we will be sharing more of this information in our classes and in personal consultations for those who are wanting to learn them.

All in all it was a wonderful trip and Puddah was in her element at the conference sending her pure loving energy to the people. Many people were surprised to see a cat who walked on a leash and every day, walked into the conference room, jumped up on her chair, and settled in for the lectures. She especially loved the healing day where she was able to work "paws on" with the people in my group. She chose to get right onto

REYON'S MESSAGE (Con't.)

the person on the healing mat and work her magic along with the other eight people doing hands on healing. Drunvalo was walking around the room and would stop by our group throughout the day and see her working on the person and would say "Wow". Sometimes he would come up to her on her chair during the lectures and start making cat noises with her. Very cute! It was obvious that he really enjoyed having her there. This was her second trip to Sedona to attend a conference and she has become quite a seasoned traveler. She loved our "pet friendly" hotel room with a door that opened up to a big grassy area where she could romp and play. We look forward to taking her on the next trip!

In the newsletter you will find our calendar of classes and events. We are doing some exciting things these next weeks including sharing Drunvalo's Merkaba Geometries & Meditation in our class. This meditation changes the balance of pranic energy in your body from third-dimensional to fourth-dimensional awareness. Also we are hosting two Whale & Dolphin boat trips on Nov 21 and Dec 12 from Dana Point.

And lastly, Puddah and I are happy to announce that we are now doing our Healing & Clearing Sessions with Whale & Dolphin Energies and also our private consultations full time. We have seen some amazing things happen doing this cutting edge type of healing with the Whales. It is time for everyone to clear their fields and we have found combining our intentions with the Whales has brought accelerated healing for many. The cetaceans are the most ancient and evolved Beings on this planet and are so overjoyed and honored to share their gifts when asked. This work brings us much joy and we are encouraging those who are guided to consider giving a Healing Session or a personal consultation to yourself or another as a Holiday gift! We are here for you in Service to humanity and to the Divine.

As we enter into the Holiday Season this year we wish you all many, many blessings as we come together as friends and family to share Love! Let us remember each day our deep and intimate connection with God/Goddess. This time of year brings out the best in us, so let us remember to share Love each and every day from the deepest place of our Sacred Heart. It is a blessing for us to have this opportunity to share joy and Love with each of you. Thank you for Being You!

May Peace, Joy, Harmony and Oneness be with you,
Reyon & Puddah



NOVEMBER CLASSES AND EVENTS



*To register for the boat trip, please send an email to DolphinWhaleCat@gmail.com indicating which date, how many persons you are registering for, and your contact info.
Thank you!*

Wed, Nov 18 "REYON & PUDDAH SPEAK" CLASS -MERKABA: VOYAGE OF A STAR SEED

7:00-9:30 pm

View the film "The Merkaba-Voyage of a Star Seed" with discussion following. Also preparation to begin learning The Flower of Life Merkaba Meditation & breathing techniques in two following classes held on Dec 2nd & 9th. Ref: Drunvalo

Melchizedek Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15

Sat, Nov 21 WHALE & DOLPHIN BOAT TRIP & MEDITATION from DANA POINT

9:00 am-1:00 pm

Come see the Dolphins & migrating Whales up close and personal with Animal Communicator Laurie Reyon! Reyon will translate their messages of healing, wisdom and self empowerment for you as we view the cetaceans from a catamaran.

Adults \$95/ea Children \$65/ea (3-12 yrs)

Sun, Nov 22 CRYSTAL SKULL MEDITATION AND POTLUCK

2:00 pm - 5:00

Held at Susan Clevenger's home in Escondido. It promises to be a fantastic afternoon as we tune into 39 different skulls, the white whale council, and the Mayan crystal skulls for insight and information. It is a potluck and everyone is encouraged to car-pool due to the parking situation.

RSVP to Susan at 760-522-7331 or Reyon at 619-271-946.

Love Donation



DECEMBER CLASSES AND EVENTS



*To register for the Boat Trip or the Animal Communication Class, please send an email to DolphinWhaleCat@gmail.com indicating which event, how many persons you are registering for, and your contact info.
Thank You!*

Wed, Dec 2 "REYON & PUDDAH SPEAK" CLASS - "MERKABA GEOMETRIES & MEDITATION" -
PART 1 7:00-9:30 pm

We will examine the Star Tetrahedron, Source of All Geometric Fields around the Body and begin practicing Spherical Breathing and the remembrance of the Living Merkaba. We will begin with the first six breaths to balance the polarities within your eight electrical circuits and cleanse them.

Ref: The Flower of Life Book 2 by Drumvalo Melchizedek.

Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15

Wed, Dec 9 "REYON & PUDDAH SPEAK" CLASS - "MERKABA GEOMETRIES & MEDITATION" -
PART 2 7:00-9:30 pm

We will continue with breaths 7 through 11 to establish proper pranic flow through your chakra system using Spherical Breathing. We will complete with breaths 14-17 creating the Vehicle of Ascension, to complete the Living Merkaba Meditation.

Held at Oceanside private home - 2005 Via Esmarca, Unit #1, 92054.

Suggested Love Donation: \$15

Sat, Dec 12 WHALE & DOLPHIN BOAT TRIP & MEDITATION from DANA POINT 12:30-4:30 pm

Come see the Dolphins & migrating Whales up close and personal with Animal Communicator Laurie Reyon! Reyon will translate their messages of healing, wisdom and self empowerment for you as we view the cetaceans from a catamaran.

Adults \$95/ea Children \$65/ea (3-12 yrs) Babies are free.

Sun, Dec 13 ANIMAL COMMUNICATION CLASS WITH REYON & PUDDAH 2:00-5:00 pm

Learn to communicate with your animal companions. Bring a photo of your animal friends to the class. Learn meditation and practice techniques to open to your telepathic abilities. You can communicate with animals that are living and also those who have crossed over.

Held at Philosophical Library, 2091 E Valley Pkwy in Escondido, 92027.

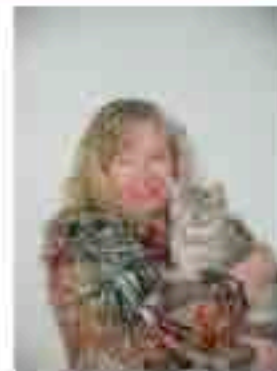
\$44/ea RSVP TO DOLPHINWHALECAT@GMAIL.COM REQUIRED

PRIVATE CONSULTATIONS

READINGS - these can either be in person or by phone

Animal Communication Sessions, Search sessions,
Meditation and Lessons
Spiritual Counseling for Humans & Animals
Life-Path Psychic Readings
Angelic & Nature Spirit Readings
Whale & Dolphin Readings
Akashic Record Consultations
Forward Vision Readings

Donation: \$111.00 per hour - Additional Fee for Home Visits: \$25 + 40 cents per mile



HEALING & CLEARING SESSIONS WITH WHALE & DOLPHIN ENERGIES

Laurie Reyon and Puddah offer a very special HEALING Session where they can assist you in setting your INTENTIONS for change and healing in your lives. They use DEEP WHALE SOUNDS and their own inter-dimensional crystals to realign your energy fields. Also Puddah may work physically with you if you choose. They then spin the lower energies out of the physical and etheric bodies assisted by the entering of the Whale Merkabah.

They also assist you in clearing past Contracts & Agreements that no longer serve your Soul's progression and evolution. Realms of clearing include: Personal, Family, Planetary, Solar, Galactic, and Cosmic.

Toxins and old memories embedded in your DNA which are potentially blocking you from living daily in Joy, Happiness, Success, Love, and Self-Empowerment!

Donation: \$111.00 per hour - Additional Fee for Home Visit: \$25 + 40 cents per mile

PRODUCTS OFFERED

PERSONALIZED SUPPLEMENTS

Imagine being able to take supplements that are tailor-made for YOU!

Want to test your DNA?

There is a customized supplement available NOW from your own DNA profile! Your personal DNA strengths and weaknesses are analyzed and you are then provided with your own personalized formula composed of natural substances that have proven efficacy. Your PERSONAL formula addresses the weak areas of YOUR DNA and provides natural substances designed to strengthen them! I and several friends are personally taking this personalized product and are very impressed with the results. This is the future and I am grateful to have

this in my life! - *Reyon*

How this works:

1. Sample Your DNA (mouth swab) & send it in
2. The Lab Generates Your DNA Report
3. The Lab Will Create a Personalized Supplement Based on YOUR DNA PROFILE!

It is specifically created to meet your individualized needs.

Check out my website at www.MyGeneWize.com/LaurieReyon

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## PUDDAH'S PEARLS

Gratitude is the Key to the Universe.  
Don't forget where you left your Key!

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PUDDAH SPEAKS

Puddah is a Being Of Ascended Master energies. "He" has incarnated into the body of a cat five separate times during Laurie Reyon's life and each time has brought her many gifts; including wisdom, great healing, remembrance of her star lineage and the gift of telepathy. At present, "he" is incarnated as a female cat whose greatest joy in life is to teach from his great wisdom. He and Laurie Reyon are in constant telepathic communication and work together as a team. Here is a sampling of his wisdom. In future issues of this newsletter, he will be answering YOUR questions! So, if you have a question for Puddah, please email it to DOLPHINWHALECAT@GMAIL.COM

The goal is to create Heaven on Earth. This will never be accomplished through fear or violence of any kind. Ultimately the Peacemakers will have to take a stand on Peace and be strong enough to stay there. Hold this vision. Share this vision. Be the best possible representative of Love and Light that you can be. You are so loved, blessed and honored and you have so much help. Teach others to access their help from the Love Source, and together we will live in Oneness aligned with Source energy. Honor your Creatorship abilities and live in love and joy each and every day.

Love and Light and Many Blessings,
- Puddah



DOLPHIN MESSAGE

In order to assist us in balancing our brains and implementing new states of awareness and consciousness, the dolphins have brought exercises to assist us. The dolphins work closely with the Pleidian Emissaries of Light to bring humanity the Dolphin Ka Balancing techniques and brain re-patterning templates.

Ref: Healing with the Whales & Dolphins Workshop with Rayon & Puddah

When you invite the dolphins into your life you can expect your life to shift. The dolphins are carriers of Light. In their presence, all that is not Light becomes tenderly exposed so that it can be examined with clarity and sensitivity. The dolphins help us return to a pure awareness of our TRUE IDENTITY, as powerful Light Beings who live by the simple task of giving and receiving Love.

The dolphins are asking us to realize that any feelings we have that are other than Love are merely three dimensional emotional thoughts that are limiting and depressing. They ask us to remember that these feelings of lack and limitation are a part of our human incarnation on Earth and not a part of our Soul's journey. Then we can release those thoughts in order to return to harmony again. The knowledge that they wish to impart to us is that we can always choose loving thoughts and find ourselves uplifted with solution energy, creativity and optimism.

As we move forward now in time, embracing the increased vibration of the Earth, the dolphins are asking us to remember and implement the evolutionary principles of cosmic law for all Beings:

- 1) Embrace the human purpose, therefore examining your true life purpose and why you chose to incarnate on Earth at this time in the evolutionary spiral.
- 2) At the core of every Being, all have Divine Essence which is goodness and love.
- 3) Free will is an absolute Universal right on this planet.
- 4) All of nature and its existence is sacred.

LOVE IS THE ABSENCE OF FEAR

Set your Goals and Standards as high as you like for yourself.

Love is un-ending, un-measurable and unconditional for All.

Teach the attributes of Love by living them,
and by sharing them freely with All.

Love is Patient. Love is Kind. Love is Compassionate. Love is
Understanding. Love is Forgiving. Love is Receptive & Open.
Love is Sharing. Love is without Ego. Love is Truth. Love has
no Agenda. Love has no Judgment. Love is Eternal.

Love rejoices in the moment of the Now.

Love can be acknowledged by the feeling it creates:

Love is warm and thick and ripples out into the cosmos when
acknowledged from the One Source.

Love will always defeat untruth or opposition.

Violence, pain & negative energy of any kind or form are quite
simply exposed in the presence of Love.

Love is . . . the absence of fear.

~Puddah



